



Ottawa South Column – March 10, 2016

Women's Wellness Workshops to Commence

The South-East Ottawa Community Health Centre is about to commence a series of women's wellness workshops. Each workshop will be in the Hunt Club Riverside Community Centre from 6-8pm, light dinner provided. The following topics will be offered: March 15-Communicating with Youth, March 22-How the City Works, March 29-Nutrition and Healthy Eating, April 5-Celebrating Diversity. Please note that the March 22 workshop will commence at 5:30pm. If you are interested in attending, please register by calling 613-218-0428 or email jacquelines@seochc.on.ca

Outdoor Rink Volunteers: Winter Heroes

On Saturday February 27, I was privileged to attend, along with the mayor and many Councillors, the annual appreciation breakfast for the City's outdoor rink volunteers. I was proud to see so many residents from River Ward attend. These men and women do fantastic work, in unfavourable and always challenging weather conditions. Their work, usually in bitter cold and late at night, affords our communities with free, outdoor fun that every Canadian girl and boy remembers in to adulthood. To the men and women of River Ward who provided exceptional skating opportunities this winter at our 16 outdoor rinks, I thank-you very much for your service.

Hunt Club Spring Food Feast

The Hunt Club Community Organization (HCCO) will be hosting a Spring Food Feast on **Saturday March 19** from Noon to 4pm in the Hunt Club Riverside Park Community Centre to help raise funds to welcome Syrian families to the community. The afternoon will include great food, fun, music and friends. Please join Mayor Watson, myself and your neighbours at this great event.

Ottawa Police to Address Distracted Drivers

The Ottawa Police Service's Selective Traffic Enforcement Program (STEP) will focus on distracted driving and unsafe lane changes during the month of March. Between 2010 and 2014, there were 25,565 collisions resulting in 6,928 injuries and 18 fatalities due to distracted driving. Distracted driving and the consequences thereof, is now more serious than impaired driving. Please take care while driving in our community.

OC Transpo Rack and Roll Program

The Rack and Roll program of bicycle racks on buses will be re-instated this spring, running through to the fall. The Rack and Roll network is made of Routes 12, 85, 91, 92, 94, 95, 96, 97, 99, 101, 106, and 118, to provide this service on frequent routes across the City. The majority of trips on these routes will operate with a bus equipped with a bike rack. Cyclists are also permitted and encouraged to bring their bicycles aboard trains on the O-Train Trillium Line.

April Events – Looking Ahead

In April, you and your family are invited to attend two events that I will be hosting at the Hunt Club Riverside Park Community Centre. On **April 2**, I will host my third and final family movie night starting at 6:30pm, followed by the River Ward Earth Day celebration on **April 23** from 2-4pm. Mark your calendar.