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Welcome to the Carlington Community Health Centre



Carlington Community Health Centre

- 1/6 Ottawa Community Health Centres



- Member of Coalition of Community Health & Resource Centers



Our Programs...

Four Program Areas:

1. Health Promotion & Counselling
2. Parent Child
3. Primary Health Medical Clinic & Services
4. Assertive Community Treatment

Counselling Services

- Supporting:
 - Mental Health & Well Being
 - Individuals
 - Families
 - Groups
 - Youth & their Families
 - Women & Children who have experienced abuse
 - Individual Counselling
 - Grief support



Post-Incident Neighborhood Support Networks

- Guides how communities across Ottawa can engage community leaders and service providers to coordinate support and resources to neighborhoods impacted by a violent or traumatic event

Community Development

- Work with residents to respond to identified needs in their community so that they can work together for the well being of their community

Stages of Community Development

- Learning about and from the community
- Setting priorities and action planning
- Putting the plan in action
- Evaluating

What's working well

- Common vision/goals
- Community Involvement- volunteers at events, assist with outreach and promotion, work groups
- Relationship with partners-CCA, OCH, City of Ottawa, Ottawa Police Services, CAI,CFC, Chaplaincy,etc